



Wreck This Journal **Inspiration**

Some ideas to get the ball rolling.

Never Before Used Examples (feel free to make them yourself!):

- Make a collage of only blue things
- Turn this blob into something beautiful
- Get 3 people to kiss and sign this page
- Practice nail art (with real nail polish!)
- Write a poem using only 3 words
- Complete this mad gab.
- Imagine a new alphabet. Write your name according to it.
- Imagine what the library will look like in 30 years. Draw or write about it.
- Write a sentence about yourself. Translate that sentence into 2 other languages.
- Grab your current read. Write the 3rd word on every page for the first 7 pages. Now rearrange those words (and add a couple if needed) to make a sentence. Draw the result.
- Maybe come up with a silly introductory rule page together? Or “Terms of Use” or “If Found Please...”

Examples from *Wreck This Journal* by Kerri Smith:

- Do a really ugly drawing
- Scribble wildly, violently, with reckless abandon
- Document your diner
- A place for your grocery list
- Sew this page
- Collect your pocket lint
- Glue in a photo of yourself you don't like. Deface it!
- Page of good thoughts
- Hide a secret message somewhere in the journal
- Sleep with this book. Describe the experience.
- Write backwards

